

# Pedaling 101

## Practice Instructions

For each section, repeat until comfortable with each of the following steps:

1. First practice the RH line alone, counting carefully.
2. Then play the RH (in rhythm) while *saying* the words below the staff in rhythm with the RH. (On the fourth system, the text continues in the same rhythm as the third system even though the RH rhythm changes.)
3. Now add the foot: lift the foot when you say “UP,” put the foot back down when you say “down.”
4. Make sure you’re solid on alternating between the two LH chords.
5. Then play hands together, with foot.

Slowly! ♩ = 46

UP - down, hold      UP down, hold

UP - down, hold    UP - down, hold    UP - down, hold    UP - down, hold

UP - down, hold    UP down, hold    UP down, hold    UP down, hold

UP-down, hold UP-down, hold UP-down, hold UP-down, hold    UP-down,hold UP-down,hold UP-down